

JULY 2011 ACTIVITY (RANO – KANO STATE)

on July 30, 2011, AWC members devotedly served Rano community by volunteering their expertise, valuable time and effort to participate in Free Clinical Consultation, held at the palace of Alhaji Tafida Ila; the district chief of Rano



OUTCOME

The large number of attendees that turned out for the event greatly benefited from the various services rendered by our great team. Screening tests including blood pressure, blood glucose and blood cholesterol were offered at the consultation.

Also, a variety of medical issues were addressed ranging from routine healthy checkups, such as simple colds, skin rashes, back pain and upset stomachs to more serious medical problems such as hypertension, diabetes, asthma, rheumatoid arthritis, and dehydration. Free medications, vitamins, toiletries and health-education materials were distributed to attendees and referrals for subspecialty care were also issued.

AWC is also experimenting on “House Call”

We will also like to extend our outreach efforts to women in purdah and those too weak with ailment and who are homebound.



AWC Projects awaiting Funding

1). Community Health Outreach (Abuja)

AWC “Abuja Market Women Health Screening” Program is an initiative that will provide free health screenings for hundreds of market women right where they trade (Fish Market in Jabi and Monday market in Garki, Abuja). The program will

screen between 100 and 200 patients once a month. Each month, participants will be screened for a variety of medical issues ranging from routine healthy checkups to hypertension, diabetes, obesity, asthma and malnutrition.

2). **AWC Community Health Education (Yola)**

AWC health education teaching sessions will be held for patients every month as they wait to be seen in two major hospitals, covering such topics as water purification, hand washing to prevent disease, and proper dental care, personal hygiene, nutrition and the importance of vitamins supplement.

FRUSTRATION

The sad part of this exercise is when we have to turn people away because we do not have enough to go round. Sad isn't it?

APPEAL

This exercise served over 200 patients and cost under N200, 000 (\$1500 equivalent). If you would like to see this exercise in your community in Nigeria, just direct us to a sponsor, and credit will be given to you and the sponsor during the exercise and in AWC Magazine

Our programs will not be successful without kind hearted people like you, so, please donate generously to support the underserved women in our communities in Northern Nigeria.

Make Check or Money Order payable to:

Arewa Women
P. O. Box 10895,
Kano, Kano State
Nigeria

For US residents only

Send checks to:

Arewa Women Commission
9324 Creekview Drive
Laurel, MD 20708.
USA